



THE CENTER for Christian Spirituality

Trinity Sunday

8:45 a.m. + May 30, 2021

So just as Christ gave his whole life over to the Transcendent – to whom He called His “Father” – so too do we.

We are also to live in oneness with God-Immanent, what He called his “Spirit.”

*Like Christ, we are to love God with our whole heart, mind, soul and body,
a path of love requiring total giving of self, even unto death.*

Anything held back is self, anything given, is God's.

Thus as we decrease, God increases - the more empty of self, the more room for God.

*Our journey, then, is one of ever changing proportions:
less of self, more God, until in the end there is no-self at all.*

It has been replaced by Christ and all He is.

Bernadette Roberts, The Christian Contemplative Journey

Quiet Meditation for Entering Worship

- I sit quietly for a moment. I need to drop anchor, to allow myself to come home to the center of my being.
- I become aware of what I have carried with me into this place. What concerns, decisions, joys, and challenges have I brought with me?
- I whisper a prayer, asking God to help me be open to God's Spirit within me this morning.

Surrounded by God

“God”

*God to enfold me, God to surround me, God in my thinking, God in my words.
God in my sleeping, and in my waking, God in my watching, God in my hopes.
God in my life, God in my lips, God in my heart and my soul.
In my sufficing, and in my slumber, in my eternal and living soul.*

The Morning Psalm

Psalm 16, Psalms for Praying

Remain ever before me, O Loving Presence, for in You am I safe.

You are my Beloved; in You I can do all things.

*I look to those who are at one with You
and learn from them of your ways;*

My delight increases each time

I sense Your presence within me!

*Love is my chosen food, my cup,
holding me in its power.*

Where I have come from, Where'er I shall go,

Love is my birthright, my true estate.

*I bless the Counselor who guides my way;
in the night also does my heart instruct me.*

I walk beside the Spirit of Truth;

I celebrate the Light.

Thus my heart is glad, and my soul rejoices.

I shall not be afraid, nor fall into the pit of despair;

In Love's presence there is fullness of joy.

You are my Beloved; in You will I live.

Surrounded by God

“God”

*God to enfold me, God to surround me, God in my thinking, God in my words.
God in my sleeping, and in my waking, God in my watching, God in my hopes.
God in my life, God in my lips, God in my heart and my soul.
In my sufficing, and in my slumber, in my eternal and living soul.*

Sitting with Scripture

Romans 8:14-17

*For all who are led by the Ruach Elohim (the Spirit of God), these are children of God.
For you did not receive the spirit of slavery to fall again into fear;
rather, you received the Spirit of adoption, by whom we cry, “Abba! Father!”
The Ruach Itself bears witness with our spirit that we are children of God.
And if children, also heirs – heirs of God and joint-heirs with the Christ –
if indeed we suffer with Him so that we may also be glorified with Him.*

Meditation

Song of the Presence

“Ruach, Abba Isa”

*Ruach, Abba, Isa.
Ruach, Abba, Isa.*

*Who are you?
You are who,
You are who you are.*

Changing Metaphors

Offering Our Ways of Seeing

“Ruach, Abba Isa”

Sung Response: *Ruach, Abba, Isa
Ruach, Abba Isa.*

- *Loving One, we thank you for the ways we see you that inspire us and give us courage...*
- *Generous One, we open ourselves up to the new, creative ways you reveal yourself to us...*
- *Forgiving One, we confess we have rejected images of you that challenge us...*
- *Gracious One, we rest in your presence, beyond any images of you that we reject or embrace...*

Centering in the Silence

During these few minutes of silence, simply rest in God’s abiding and loving presence in this moment. Simply be here now. Descend into this silence. There is nothing you need to do. Just let go. Relax. Sense your body. Breathe deeply. If it helps, use a sacred word to help you descend into this silence (such as Ruach, Abba, Jesus, Love, or Mercy) or a breath prayer, such as “Here” (inhale) “I am” (exhale).

Resting in God

“Beyond Belief”

*In the knowing of the heart no words are needed.
As I gaze within myself, I see your face.
In the landscape of my soul you run towards me.
Although now I know in part.
With my body, mind and heart.
I am opening up to you,
Beyond belief.*

Holy Communion

Communion Song

"Dwell"

Dwell in the midst of us, come and dwell in this place

Dwell in the midst of us, come and have Your way

Dwell in the midst of us, wipe all the tears from our faces

Dwell in the midst of us, You can have Your way.

Not our will, but Yours be done, come and change us

Not our will but Yours be done, come sustain us.

Receiving a Good Word

Thank you for worshipping with us today. Please register your attendance.

*If you are worshipping online, please text the word **center** to 75787.*

*If you are worshipping in person, please text the word **chapel** to 75787.*

For further Contemplative Resources please visit

<https://vimeo.com/showcase/6902676>