



The Way to Love

8:45 a.m. + April 11, 2021 + Second Sunday of Easter

*In the case of Eastertide, what's at stake - the aim we are striving for –
is our physical capacity to be available to truth at a subtle and much more intense level. . . .*

*I believe firmly that during these great fifty days of Easter, [the] same invitation is extended to each one of us:
to catch the drift of what Jesus is really inviting us to and to deepen our capacity to receive the intense spiritual energy available to us during this
sacred season as a catapult to our own transformation - rather than merely sloughing it off in partying and business as usual. Jesus is headed
somewhere amazing during these fifty days, and we can follow right along if we can keep up.*

Cynthia Bourgeault

Welcome

Remembering and Returning to Love

"I Am Here"

*Before creation's dawn, there was darkness filled with Love.
Love that called forth all existence into life.
Love that spoke into the dark, till the darkness blazed with light.
Love that filled all of creation with a song.*

*I am here like a treasure hidden deep within this world.
Every river, every mountain points the Way.
I am here in creation: in the darkness, in the light.
Come and find me, come and know me,
Come and love.*

Gospel Reading

Luke 24:13-24

*That very day two of them were going to a village named Emmaus, about seven miles from
Jerusalem, and they were talking with each other about all these things that had happened. While they
were talking and discussing together, Jesus himself drew near and went with them. But their eyes
were kept from knowing him.*

And he said to them, "What is this conversation that you are holding with each other as you walk?"

*And they stood still, looking sad. Then one of them, named Cleopas, answered him, "Are you the
only visitor to Jerusalem who does not know the things that have happened there in these days?"*

And he said to them, "What things?"

*And they said to him, "Concerning Jesus of Nazareth, a man who was a prophet mighty in deed and
word before God and all the people, and how our chief priests and rulers delivered him up to be
condemned to death, and crucified him. But we had hoped that he was the one to redeem Israel. Yes,
and besides all this, it is now the third day since these things happened. Moreover, some women of
our company amazed us. They were at the tomb early in the morning, and when they did not find his
body, they came back saying that they had even seen a vision of angels, who said that he was alive.
Some of those who were with us went to the tomb and found it just as the women had said, but him
they did not see."*

Guided Meditation

Remembering and Returning to Love

"I Am Here"

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Gospel Reading

Luke 24:25-27

*And Jesus said to them,
"O unmindful ones, and slow of heart
to trust all that the prophets have spoken!
Was it not necessary that the Anointed One should suffer these things
and enter into his glory?"
And beginning with Moses and all the Prophets, he unfolded the inner meaning,
interpreting to them in all the Writings the things concerning himself.*

Meditation

Song of Response

"Beyond Belief"

*In the knowing of the heart no words are needed.
As I gaze within myself, I see your face.
In the landscape of my soul you run towards me.
Although now I know in part,
With my body, mind, and heart,
I am opening up to you,
Beyond belief.*

Gospel Reading

Luke 24:28-35

So they drew near to the village to which they were going. He acted as if he were going farther, but they urged him strongly, saying, "Abide with us, for it is toward evening and the day is now far spent."

So he went in to abide with them. When he was at table with them, he took the bread and blessed and broke it and gave it to them. And their eyes were opened, and they knew him. And he became non-manifest to them.

They said to each other, "Did not our hearts burn in us while he talked to us on the way, while he opened to us the Writings?"

And they rose up – they "resurrected" – that same hour and returned to Jerusalem – the City of Shalom. And they found the eleven and those who were with them gathered together, saying, "The Lord has risen indeed, and has appeared to Simon!" Then they told what had happened on the way, and how he was known to them in the breaking of the bread.

Meditation on Presence

Resting in Silence

Contemplative Prayer is sometimes called the Prayer of Remembrance. We begin by entering our own body, our own place of remembrance. We remember that we are embodied and we sense our own body here and now. We enter our own “cave” of the heart by “stooping down” in humility, with our attention directed towards our heart. From this place, we breathe deeply and pray. If it helps, use a sacred word to help you descend into this silence (such as Beloved, Teacher, Mercy, Abba, Jesus, or Spirit) or a breath prayer, such as “Lord” (*inhale*) “have mercy” (*exhale*). If a thought, feeling, or sensation tries to take you away from this interior place, don’t “cling” to it – simply and gently let it go by returning to your sacred word or breath prayer. In this way, we seek to “behold” the Sacred.

Song of Response

*With beauty behind me I walk.
With beauty before me I walk.
Today as I wander, I journey in goodness.
Seeking out beauty I walk.
With beauty below me I walk.
With beauty above me I walk.
Today as I travel a trail of contentment.
With calm assurance I walk,
That all may be beauty I walk.*

“I Walk” - inspired by a Diné (Navajo) prayer

Camino Divina and Holy Communion

Receiving a Good Word

*Thank you for worshipping with us today, please register your attendance:
If you are worshipping online, please text the word **center** to 75787
If you are worshipping in person, please text the word **chapel** to 75787*

*For further Contemplative Resources please visit
<https://vimeo.com/showcase/6902676>*